Independence Coatesville Area School District: Federation Coverage for: Individual/Family Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, please visit www.casdschools.org or call 610-466-2400. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.HealthCare.gov/sbc-glossary/</u> or call 610-466-2400 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	\$250 individual/\$750 family <u>network</u> . \$500 individual/\$1,500 family <u>out-of-network</u> .	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Network deductible does not apply to office visits, preventive care services, diagnostic services, physical/surgeon services, outpatient mental health, outpatient substance abuse, rehabilitation services, habilitation services, children's eye exam, glasses, and prescription drug coverage.  Copayments and coinsurance amounts don't count toward the network deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/.
Are there other <u>deductibles</u> for specific services?	No.	You do not have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	\$6,600 individual/\$13,200 family <u>network</u> . \$7,600 individual/\$22,800 family <u>out-of-network</u> .	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Network: Premiums, balance-billing charges, and health care this plan doesn't cover do not apply to your total maximum out-of-pocket limit.  Out-of-network: Premiums, copayments, deductibles, balance-billing charges, prescription drug expenses, and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.

An example of a benefit book can be found at www.ibx.com/LGBooklet.

Will you pay less if you use a <u>network provider</u> ?	Yes. For a list of <u>network providers</u> , see www.casdschools.org or call 610-466-2400.	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's <u>charge</u> and what your <u>plan</u> pays ( <u>balance billing</u> ).  Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do I need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your overall **deductible** has been met, if a **deductible** applies.

		What Yo	u Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, and Other Important Information
If you visit a health care provider's	Primary care visit to treat an injury or illness	\$20 <u>copay</u> /visit; <u>deductible</u> does not apply	30% coinsurance	none
office or clinic	Specialist visit	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply	30% <u>coinsurance</u>	PCP <u>referral</u> required for spinal manipulations, routine x-rays, and physical/occupational therapy.
	Preventive care/Screening/Immunization	No charge for <u>preventive</u> <u>care services</u> ; <u>deductible</u> does not apply	30% coinsurance; deductible does not apply	Age and frequency schedules may apply. You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	\$40 copay/test (x-ray); deductible does not apply No Charge (blood work); deductible does not apply	30% <u>coinsurance</u>	PCP <u>referral</u> required for x-rays. Requisition form required for lab work.
	Imaging (CT/PET scans, MRIs)	\$80 <u>copay</u> /test; <u>deductible</u> does not apply	30% <u>coinsurance</u>	PCP <u>referral</u> required. Pre-certification required for certain services. See General Information section in benefit book. 20% reduction in benefits for failure to pre-cert <u>out-of-network</u> .

		What Yo	u Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, and Other Important Information
If you need drugs to treat your illness or condition  More information about prescription drug coverage is available at	Generic formulary drugs  Brand formulary drugs	\$5 copay/prescription (retail) \$5 copay/prescription 1 to 30-days supply \$10 copay/prescription 31 to 90-days supply (mail order)  \$20 copay/prescription	30% coinsurance of drugs retail cost for total amount dispensed  30% coinsurance of drugs	Up to 30-day supply for retail pharmacy.  Up to 90-day supply for mail order prescription drug.  Out-of-network: Member must submit for reimbursement.
www.ibx.com.		(retail) \$20 <u>copay</u> /prescription 1 to 30-days supply \$40 <u>copay</u> /prescription 31 to 90-days supply (mail order)	retail cost for total amount dispensed	
	Non-formulary brand drugs	\$50 copay/prescription (retail) \$50 copay/prescription 1 to 30-days supply \$100 copay/prescription 31 to 90-days supply (mail order)	30% <u>coinsurance</u> of drugs retail cost for total amount dispensed	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$50 <u>copay</u> /visit	30% <u>coinsurance</u>	Pre-certification may be required. See section General Information in benefit book. 20% reduction in benefits for failure to precert out-of-network.
	Physician/surgeon fees	No charge; <u>deductible</u> does not apply	30% <u>coinsurance</u>	Pre-certification may be required. See section General Information in benefit book. 20% reduction in benefits for failure to precert out-of-network.

		What Yo	u Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, and Other Important Information
If you need immediate medical	Emergency room Care	\$100 <u>copay</u> /visit	\$100 <u>copay</u> /visit; after <u>in-</u> <u>network deductible</u>	none
attention	Emergency medical transportation	No charge	No charge; after <u>in-</u> <u>network deductible</u>	none
	<u>Urgent care</u>	\$70 <u>copay</u> /visit	30% <u>coinsurance</u>	Your costs for <u>urgent</u> care are based on care received at a designated <u>urgent care</u> center or facility, not your physician's office. Costs may vary depending on where you receive care.
If you have a hospital stay	Facility fee (e.g., hospital room)	\$100 <u>copay</u> /day max 5 <u>copays</u> /admission	30% coinsurance	Precertification required. 20% reduction in benefits for failure to pre-cert out-of-network.
·	Physician/surgeon fee	No charge; deductible does not apply	30% <u>coinsurance</u>	Precertification required. 20% reduction in benefits for failure to pre-cert out-of-network.
If you have mental health, behavioral	Outpatient services	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply	30% coinsurance	Precertification required. 20% reduction in benefits for failure to pre-cert out-of-network.
health, or substance abuse needs	Inpatient services	\$100 <u>copay</u> /day max 5 <u>copays</u> /admission	30% coinsurance	Precertification required. 20% reduction in benefits for failure to pre-cert <u>out-of-network</u> .
If you are pregnant	Office visits	\$20 <u>copay</u> /visit; <u>deductible</u> does not apply	30% coinsurance	Office visit cost share applies to the first OB visit only. Depending on the type of services,
	Childbirth/delivery professional services	No charge	30% coinsurance	a <u>deductible</u> , <u>copayment</u> or <u>coinsurance</u> may apply. Maternity care may include tests and
	Childbirth/delivery facility services	\$100 <u>copay</u> /day max 5 <u>copays</u> /admission	30% <u>coinsurance</u>	services described elsewhere in the SBC (i.e. ultrasound). Pre-notification requested for maternity care.

		What Yo	u Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, and Other Important Information
If you need help recovering or have	Home health care	No charge	30% coinsurance	Precertification required. 20% reduction in benefits for failure to pre-cert out-of-network.
other special health needs	Rehabilitation services	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply	30% <u>coinsurance</u>	PCP <u>referral</u> required for Physical/ Occupational Therapies. Physical/ Occupational Therapies: 30 visits combined/ benefit period. Speech Therapy: 20 visits/ benefit period. Separate visit limits for <u>in-network</u> and <u>out-of-network</u> care.
	Habilitation services	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply	30% <u>coinsurance</u>	PCP <u>referral</u> required for Physical/ Occupational Therapies. Physical/ Occupational Therapies: 30 visits combined/ benefit period. Speech Therapy: 20 visits/ benefit period. Separate visit limits for <u>in-</u> network and <u>out-of-network</u> care.
	Skilled nursing care	\$50 <u>copay</u> /day max 5 <u>copays</u> /admission	30% coinsurance	Pre-certification required. 20% reduction in benefits for failure to pre-cert <u>out-of-network</u> . <u>In-network</u> limit 120 days/benefit period. <u>Out-of-network</u> limit 60 days/benefit period.
	Durable medical equipment	30% coinsurance	50% <u>coinsurance</u>	Pre-certification required for selected items. See section General Information in benefit book. 20% reduction in benefits for failure to pre-cert out-of-network.
	Hospice service	No charge	30% coinsurance	Pre-certification required. 20% reduction in benefits for failure to pre-cert out-of-network.

		What You Will Pay			
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, and Other Important Information	
If your child needs dental or eye care	Children's Eye exam	No charge; <u>deductible</u> does not apply IBC vision benefit: \$40 <u>copay</u> ; <u>deductible</u> does not apply	No charge; deductible does not apply IBC vision benefit: No covered	Up to \$200 annual max. Limits apply to lenses and frames. Out-of-network: submit for reimbursement.  IBC vision benefit: Every two years.	
	Children's Glasses	No charge; deductible does not apply	No charge; deductible does not apply	Up to \$200 annual max. Limits apply to lenses and frames. Out-of-network: submit for reimbursement.	
	Children's Dental check-up	Not covered	Not covered	none	

# **Excluded Services & Other Covered Services:**

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)					
•	Acupuncture	•	Hearing aids	•	Routine eye care (Adult)
•	Cosmetic surgery	•	Infertility treatment	•	Routine foot care
•	Dental care (Adult)	•	Long-term care	•	Weight loss programs
Other	Covered Services (Limitations may apply to thes	se se	rvices. This isn't a complete list. Please see you	r <u>pla</u>	<u>ın</u> document.)
•	Bariatric surgery	•	Coverage provided outside the United States. See <a href="https://www.bcbsglobalcore.com">www.bcbsglobalcore.com</a> .	•	Non-emergency care when traveling outside the U.S.
•	Chiropractic care			•	Private-duty nursing

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S. Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or <a href="https://www.cciio.cms.gov">www.cciio.cms.gov</a>. Other options to continue coverage are available to you too, including buying individual insurance coverage through the <a href="https://www.HealthCare.gov">Health Care.gov</a> or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals</u> <u>Rights</u>: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the <u>explanation of benefits</u> you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u> or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact:

- Your plan administrator/employer at 610-466-2400.
- Independence Blue Cross at 1-800-275-2583.
- Additionally, a consumer assistance program can help you file your <u>appeal</u>. Contact the Pennsylvania Department of Consumer Services at 1-877-881-6388.

# Does this plan provide Minimum Essential Coverage? Yes

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

## Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

# To obtain language assistance, call 610-466-2400.

SPANISH (Español): Para obtener asistencia en Español, llame al 610-466-2400.

TAGALOG (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 610-466-2400.

CHINESE (中文): 如果需要中文的帮助,请拨打这个号码 610-466-2400.

NAVAJO (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 610-466-2400.

# About these Coverage Examples:



**This is not a cost estimator.** Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■The <u>plan</u> 's overall <u>deductible</u>	\$250
Specialist copayment	\$40
■Hospital (facility) coinsurance	0%
■Other <u>coinsurance</u>	0%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800
In this example, Peg would pay:	
Cost Sharing	
Deductibles	\$250
Copayments	\$280
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Peg would pay is	\$530

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■The plan's overall deductible	\$250
Specialist copayment	\$40
■Hospital (facility) coinsurance	0%
Other coinsurance	0%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

**Total Example Cost** 

Total Example Gost	Ψ1, 100
In this example, Joe would pay:	
Cost Sharing	
Deductibles	\$250
Copayments	\$575
Coinsurance	\$520
What isn't covered	
Limits or exclusions	\$0
The total Joe would pay is	\$1,350

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■The <u>plan</u> 's overall <u>deductible</u>	\$250
Specialist copayment	\$40
■Hospital (facility) coinsurance	0%
Other coinsurance	0%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Total Example Cost

\$7,400

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	Ψ1,000
In this example, Mia would pay:	
Cost Sharing	
Deductibles	\$250
Copayments	\$340
Coinsurance	\$60
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$650

Note: These numbers assume the patient does not participate in the <u>plan</u>'s wellness program. If you participate in the <u>plan</u>'s wellness program, you may be able to reduce your costs. For more information about the wellness program, please contact 610-466-2400.

The plan would be responsible for the other costs of these EXAMPLE covered services.

\$1.900

#### Language Assistance Services

**Spanish:** ATENCIÓN: Si habla español, cuenta con servicios de asistencia en idiomas disponibles de forma gratuita para usted. Llame al 1-800-275-2583 (TTY: 711).

## Chinese:

注意:如果您讲中文,您可以得到免费的语言协助服务。致电1-800-275-2583。

Korean: 안내사항: 한국어를 사용하시는 경우, 언어

지원 서비스를 무료로 이용하실 수 있습니다. 1-800-275-2583 번으로 전화하십시오.

**Portuguese:** ATENÇÃO: se você fala português, encontram-se disponíveis serviços gratuitos de assistência ao idioma. Ligue para 1-800-275-2583.

Gujarati: ાયૂ ના: જો તમે ાજુ રાતી બોલતા હો, તો

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ભાષા સહ્યય સેવાઓ તમારા માટા ઉપલાધ છે.

1-800-275-2583 કોલ કરો.

Vietnamese: LƯU Ý: Nếu bạn nói tiếng Việt, chúng tôi sẽ cung cấp dịch vụ hỗ trợ ngôn ngữ miễn phí cho bạn. Hãy gọi 1-800-275-2583.

**Russian:** ВНИМАНИЕ: Если вы говорите по-русски, то можете бесплатно воспользоваться услугами перевода. Тел.: 1-800-275-2583.

**Polish** UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-275-2583.

**Italian:** ATTENZIONE: Se lei parla italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-275-2583.

# Arabic:

خدمات فإن العربية، اللغة تتدث كنت إذا :ملحوظة الدمات فإن العربية المساعدة

2583 برقم اتصل بالمجان لك متاحة -275-800-1.

**French Creole:** ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-275-2583.

**Tagalog:** PAUNAWA: Kung nagsasalita ka ng Tagalog, magagamit mo ang mga serbisyo na tulong sa wika nang walang bayad. Tumawag sa 1-800-275-2583.

**French:** ATTENTION: Si vous parlez français, des services d'aide linguistique-vous sont proposés gratuitement. Appelez le 1-800-275-2583.

Pennsylvania Dutch: BASS UFF: Wann du Pennsylvania Deitsch schwetzscht, kannscht du Hilf griege in dei eegni Schprooch unni as es dich ennich eppes koschte zellt. Ruf die Nummer 1-800-275-2583.

Hindi: ⊪यान दाः यिद आप िहंदी बोलते हा तो आपके िलए

मुप्त मा भाषा सहायता सेवाएं उपलाध हा। कॉल करा 1-800-275-2583।

**German:** ACHTUNG: Wenn Sie Deutsch sprechen, können Sie kostenlos sprachliche Unterstützung anfordern. Wählen Sie 1-800-275-2583.

# Japanese:

備考:母国語が日本語の方は、言語アシス タンスサービス (無料) をご利用いただけます

1-800-275-2583〜お電話ください。

# Persian (Farsi):

به د رجمه خدمات که دید، می صحبت فی ار سی اگر ت وجه صورت می صورت

1-800-275 شماره با به اشد می فراهم شمابرای رای گان -275-2583

ب گیریدت ماس

**Navajo:** D77 baa ak0 n7n7zin: D77 saad bee y1n7[ti'go Diné Bizaad, saad bee 1k1'1n7da'1wo'd66', t'11 jiik'eh. H0d77lnih koj8' 1-800-275-2583.

#### **Urdu:**

آپ تہ و ہیں، بول تے زبان اردو آپ اگر :درکا رہے تہ وجہ لے کے لے کے کے لئے کے کے لئے ک

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Mon-Khmer, Cambodian: សូមេមា្ត្រ ចប់រុរមមណ៍ ៖ ្របសិនេបើអនកនិយយភាមន-ែខមរ ឬភា្ងែខមរ េនះ

ិ៍នួយែជនកភានឹងមនផ្តល់ជូនដល់េក្រអនកោ្យ ឥត

គិតៃថ្លូ។ ទូរសពទេទេលខ 1-800-275-25

# Discrimination is Against the Law

This Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. This Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

# This Plan provides:

- Free aids and services to people with disabilities to communicate effectively with us, such as: qualified sign language interpreters, and written information in other formats (large print, audio, accessible electronic formats, other formats).
- Free language services to people whose primary language is not English, such as: qualified interpreters and information written in other languages.

If you need these services, contact our Civil Rights Coordinator. If you believe that This Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age,

disability, or sex, you can file a grievance with our Civil Rights Coordinator. You can file a grievance in the following ways: In person or by mail: ATTN: Civil Rights Coordinator, 1901 Market Street, Philadelphia, PA 19103, By phone: 1-888-377-3933 (TTY: 711) By fax: 215-761-0245, By email: civilrightscoordinator@1901market.com. If you need help filing a grievance, our Civil Rights Coordinator is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a> or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue SW., Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at

http://www.hhs.gov/ocr/office/file/index.html.